



HARNESSING THE POWER OF YOUR SUBCONSCIOUS FOR CAREER GROWTH

There are some people who decide on a career path, perhaps quite early in life, and then go for it without hesitation. They seem to have an aura of confidence about them. Career opportunities are lucky enough to find them. Then there are others who do not seem to get any lucky breaks. They may know what they want, yet feel blocked in pursuing their aspirations. This issue of CQ® provides four tips on harnessing the power of your subconscious mind to advance your career:

Career Tip 1: You can harness the power of your subconscious mind to set your career path. By imagining how your career path might unfold, you are letting your subconscious mind know exactly what you want. And, your subconscious mind will help you get there. So, if you don't like how something looks, feels or sounds when you first imagine it unfolding, just re-imagine it unfolding in a way that you would like it to. Then it is a simple matter of following through on your perfectly-imagined career plan.

Career Tip 2: You can harness the power of your subconscious mind to address any blocks you might be experiencing along your career path. By imaging alternative ways of handling any career blocks you might face, you are sending a message to your subconscious mind that you still want to pursue your chosen career path. You are also well-placed to follow through with the best way of handling those career blocks as you come to them.

Career Tip 3: You can harness the power of your subconscious mind whenever you want to deliver something flawlessly (e.g., an elevator or sales pitch, formal presentation or job interview). You can imaginably run through the delivery, tweaking it until you can see a flawless delivery. To strengthen the flawlessness of that delivery, you can rehearse in front of a mirror, or with a trusted friend, colleague or career counsellor. You can even video or audio record your rehearsals so that you can see and/or hear how your delivery comes across.

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OUR MISSION

To provide a professional service, using best practices.

OUR MOTTO

- Be Proactive.
- Take Charge of Your Career.
- Look After Your Health.

OUR HIGHER ORDER CALLING:

Helping you Reach Your Full Potential: **Personally,** **Professionally,** **Entrepreneurially,** and **Money-wise.**

CQ® has changed its appearance. This newsletter is now exclusively delivered to your in-box. Some back issues will be available on the web. Now, more than ever, this newsletter will provide food for thought to help you reach your full potential: Personally, professionally, entrepreneurially and money-wise.

We welcome your thoughts, reflections and suggestions on how CQ® can better meet your needs.

Career Tip 4: You can harness the power of your subconscious mind to give yourself an experience of confidence. When you stand tall, both feet on the ground, chin slightly upwards and with your hands by your sides, you convey an aura of confidence. If this is not a natural stance for you, you can imagine standing this way before walking into a meeting or job interview. Moreover, when you think empowering thoughts, you will also speak more confidently.

Our September **SEMINARS OF THE FUTURE®** Program will cover the application of neuroscience and the power of the subconscious mind to grow your career. You will find details of this Program through Eventbrite. So, how will you grow your career today?

STOP PRESS!!!!

We have now published articles on ezinearticles.com. This is a directory of articles by experts in a range of areas. We write articles in parallel with our higher order mission: Helping people reach their full potential: Personally, professionally, entrepreneurially and money-wise. Our first five articles covered job interviews.

We will keep you posted via email and social media. If you would like to be automatically notified when our articles are released, feel free to follow us on the ezine platform. Here's the link:

http://ezinearticles.com/expert/Dr._Rachel_Abramson

MAKING THE MOST OF YOUR RESOLUTIONS

We have now prepared an audio recording of *Making the Most of Your New Year's Resolutions*. This recording can help you make the most of your new year's resolutions as well as your dreams, aspirations and resolutions set at other times of the year.

Orders can be placed by phone or email. Orders can be collected or they can be posted to your preferred postal address. Audio recordings are \$22/CD (plus P+H, if applicable).

At the end of the day, we want to help you make the most of your full potential: Personally, professionally, entrepreneurially and money-wise.

DR ABRAMSON'S TEACHING CALENDER

June

- 3rd Professional Practice Program (HYPNOSIS), Workshop 1
- 10th Business Finance for Private Practice and SMEs, Day 1
- 12th The Psychology of Share Investing, Talk I: How Lessons from the Past Can Inform Your Investment Decisions
- 17th Professional Practice Program (HYPNOSIS), Workshop 2
- 20th P.D. The Psychological Meaning of \$\$s and How It Plays Out at Home and Work (Open to Psychologists, share investors and business owners).
- 24th Business Finance for Private Practice and SMEs, Day 2

July

- 1st Marketing the Private Practice, Entrepreneurially, Day 1
- 8th Marketing the Private Practice, Entrepreneurially, Day 2
- 10th The Psychology of Share Investing, Talk II: How Mum-and-Dad Investors Compare to Institutional Investors and What it Means for Us as Share Investors
- 15th Marketing the Private Practice, Entrepreneurially, Day 3
- 18th P.D.: How to Finance the P.P. for Growth and Increased Profitability
- 29th Marketing the Private Practice, Entrepreneurially, Day 4

August

- 5th Strategic Growth for Private Practice and SMEs, Day 1
- 12th Strategic Growth for Private Practice and SMEs, Day 2
- 14th The Psychology of Share Investing, Talk III: Profile of Share Investors and the Key Message for Us as Share Investors
- 19th Strategic Growth for Private Practice and SMEs, Day 3
- 20th P.D.: The Psychological Treatment of \$\$s: How it Plays out at Home and Work
- 26th Professional Practice Program (HYPNOSIS), Workshop 3

September

- 2nd Using the Power of Neuroscience and Your Subconscious to Maximise Career Potential, Day 1
- 4th The Psychology of Share Investing, Talk I: How Lessons from the Past Can Inform Your Investment Decisions
- 16th Using the Power of Neuroscience and Your Subconscious to Maximise Career Potential, Day 2
- 17th P.D.: The Psychological Followers of \$\$s: How it Plays out at Home and Work
- 23rd Using the Power of Neuroscience and Your Subconscious to Maximise Career Potential, Day 3
- 30th Professional Practice Program (HYPNOSIS), Workshop 4

October

- 7th Resourcing the Private Practice and SME, Day 1
- 14th Resourcing the Private Practice and SME, Day 2
- 16th The Psychology of Share Investing, Talk II: How Mum-and-Dad Investors Compare to Institutional Investors and What it Means for Us as Share Investors
- 21st Resourcing the Private Practice and SME, Day 3
- 28th Professional Practice Program (HYPNOSIS), Workshop 5

November

- 11th Professional Practice Program (HYPNOSIS), Workshop 6
- 18th PD: The Psychology of Investing: Highlights from Dr. Abramson's research
- 20th The Psychology of Share Investing, Talk III: Profile of Share Investors and the Key Message for Us as Share Investors
- 25th Advanced Strategic Growth for Private Practice and SMEs, Day 1

December

- 2nd Advanced Strategic Growth for Private Practice and SMEs, Day 2
- 9th Advanced Strategic Growth for Private Practice and SMEs, Day 3