



**RACHEL ABRAMSON & ASSOCIATES**  
*smoking ● weight ● career guidance*  
*Psychologists, Career Counsellors, Hypnotherapists and Relationship Counsellors*



OUR HIGHER ORDER CALLING:

TO HELP PEOPLE REACH THEIR FULL POTENTIAL:

PERSONALLY, PROFESSIONALLY, ENTREPRENEURIALLLY AND MONEY-WISE

CAREER DAYZ<sup>®</sup> PROGRAM

A Program to Identify Career Interests and Aptitudes

OUR MOTTO:

- BE PROACTIVE.
- TAKE CHARGE OF YOUR CAREER.
- LOOK AFTER YOUR HEALTH.

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# CAREER DAYZ<sup>®</sup> PROGRAM

## A Program to Identify Career Interests and Aptitudes



### WHAT IS THE CAREER DAYZ<sup>®</sup> PROGRAM

The CAREER DAYZ<sup>®</sup> PROGRAM helps people identify their career interests and aptitudes in relation to the world of work. This Program also addresses the practicalities in turning career aspirations into reality.

It is recommended that you review your career every two to five years. You may need to review your career sooner if your occupation or industry is undergoing significant change.

### WHAT WILL I GET FROM THE CAREER DAYZ<sup>®</sup> PROGRAM

Through the use of vocational and personality questionnaires, along with guided activities, you will learn about your interests and aptitudes in relation to the world of work.

Depending on the nature of your career development needs, you may also learn: (a) how to prepare your CV or resume; (b) how to address key selection criterion; (c) how to best present at the job interview; (d) how to tap into the hidden job market; (e) how to overcome barriers to your career progression; and (f) how to get started in your own small business. In this regard, you may find it helpful to bring your current CV or resume, along with job advertisements, key selection criterion to your second consultation.

You may also benefit from our **SEMINARS OF THE FUTURE<sup>®</sup>** or **PROFESSIONAL PRACTICE PROGRAM**. We will let you know whether this would be the case towards the end of our work together.

### THE FEES

Weekday consultations are \$92.50 per consultation. Sunday consultations are \$121.00 per consultation. Fees include 10% GST and are payable by cash or cheque at the time of consultation.

### BOOKINGS AND ENQUIRIES

Further information may be obtained by visiting <http://www.rachel-abramson-and-associates.com.au>, phoning 0418 149 506 or emailing [rachela@ozemail.com.au](mailto:rachela@ozemail.com.au).

Appointments are held at suite 307, 566 St Kilda Road Melbourne from Sundays to Thursdays, 10.00 a.m. to 6.00 p.m. We have onsite parking and we are near tram stop 26 (on the corner of Beatrice Street).

When you are ready to book your appointment, you can ring/text us on 0418 149 506 or email [rachela@ozemail.com.au](mailto:rachela@ozemail.com.au).