



RACHEL ABRAMSON & ASSOCIATES

smoking • weight • career guidance

Psychologists, Career Counsellors, Hypnotherapists and Relationship Counsellors



OUR MISSION:

TO PROVIDE A PROFESSIONAL SERVICE, USING BEST PRACTICES.

THE WEIGHT MANAGEMENT PROGRAM

A PROGRAM TO HELP MANAGE ONE'S WEIGHT

OUR MOTTO:

- BE PROACTIVE.
- TAKE CHARGE OF YOUR CAREER.
- LOOK AFTER YOUR HEALTH.

Suite 307, 566 St Kilda Road, Melbourne

P O Box 300, Caulfield South, Vic., 3162

0418 149 506

rachela@ozemail.com.au

[facebook.com/rachelabramsonandassociates](https://www.facebook.com/rachelabramsonandassociates)

Twitter: @Rachel_Abramson

Skype: rachel.abramson.and.associates

ABN: 74 923 166 311

www.rachel-abramson-and-associates.com.au

THE WEIGHT MANAGEMENT PROGRAM

A PROGRAM TO HELP MANAGE ONE'S WEIGHT

FEATURES OF THE WEIGHT MANAGEMENT PROGRAM

The WEIGHT MANAGEMENT PROGRAM combines Ericksonian hypnosis, Solution Oriented Counselling and Neurolinguistic Programming to help people manage their weight. This Program is individually tailored to each person's specific weight problem.

In the first instance, Ericksonian hypnosis will be used for relaxation. Thereafter it will be individually tailored to address the specific weight problem. Techniques will be discussed to keep the weight under control.

THE FEES

Weekday consultations are \$87 per consultation. Sunday consultations are \$110 per consultation. Fees are payable by cash or cheque at the time of consultation and are G.S.T.-free.

Medicare rebates may apply for those who have been referred by their GP, psychiatrist or paediatrician. Alternatively, rebates may apply for those with private health insurance, extra's cover.

BOOKINGS AND ENQUIRIES

Appointments can be made on Sundays to Thursdays, 10.00 a.m. to 6.00 p.m. We are located on 3rd floor, Suite 307, 566 St Kilda Road, Melbourne. (Near corner of Beatrice Street and tram stop 26). Onsite parking is also available.

Bookings and enquiries can be made by telephone, text message (0418 149 506) or email (rachela@ozemail.com.au). Further information can be obtained by visiting rachel-abramson-and-associates.com.au.